

Making gloop

1. Slowly add one cup of cold water to two cups of cornflour in a bowl. Stir until the water is absorbed by the cornflour. Add colour if you like. Put the gloop in ice-cream or large containers with spoons, cups and other utensils.
2. Great just with fingers on a flat surface.

Making slime

1. Dissolve one cup of soap flakes in two litres of warm water. Add colouring if you like. Allow the mixture to stand until it becomes thick and slimy. Beat the mixture with an egg-beater to make it frothy.
2. Put the slime in a wide, open container or trough with egg-beaters, spoons, funnels, cups, sponges, sieves and whisks for children to experiment with.
3. Slime can be kept for several days in a covered bucket.

Note: Be sure to check first that children do not have skin allergies. Some children's skin can be sensitive to soap flakes.

Making finger-paint

1. In a large bowl or basin mix two cups of cornflour with one cup of cold water. While stirring this mixture slowly, pour in the boiling water. Keep pouring and stirring until the mixture turns smooth and thick. Once the mixture turns smooth and thick (add more hot water if the mixture is too thick) add half a cup of soap flakes and stir well. Split the mixture into different bowls or pots and add tempera paint into each bowl or pot, making sure each pot has a different colour.
2. Put the mixture into small containers (such as a margarine container) and finger-painting can start.
3. Finger-paint can be kept in the fridge for a couple of days.

Note: Some children's skin can be sensitive to soap flakes. If this is so, then leave it out of the recipe.

There is a book of play recipes available from the Playcentre Federation:

www.playcentre.org.nz/publications.php?PT_page=4 or visit your local Playcentre Shop.

